

A man and a woman are walking barefoot on a white sandy beach. The man is wearing a blue and pink floral shirt and pink shorts, and the woman is wearing a yellow floral dress and a flower lei. They are both smiling and looking at each other. The background shows a clear blue sky with some clouds and a turquoise ocean.

# Weddings & Honeymoons

*Little islands of love*

**COOK**  
ISLANDS

Love a little paradise  
...for real

lonely planet

TOP COUNTRY  
Cook Islands

BEST IN TRAVEL  
2022

[WWW.COOKISLANDS.TRAVEL](http://WWW.COOKISLANDS.TRAVEL)





Whether an intimate secluded setting or arriving in a warrior outrigger canoe to your own private islet, our little paradise caters to all wishes.



WWW.COOKISLANDS.TRAVEL/EXPERIENCES/WEDDINGS



# Where to stay

When it comes to where you'll rest your head at night, the Cook Islands is all about service and genuinely warm hospitality.

You really are spoilt for choice in the Cook Islands. We like to say Rarotonga is one big resort, all in one island, so it really doesn't matter where you stay, because it's so easy to get around the island.

Aitutaki is considered the most beautiful lagoon in the world, and here you'll base yourself at your resort and spend time in the beautiful lagoon.



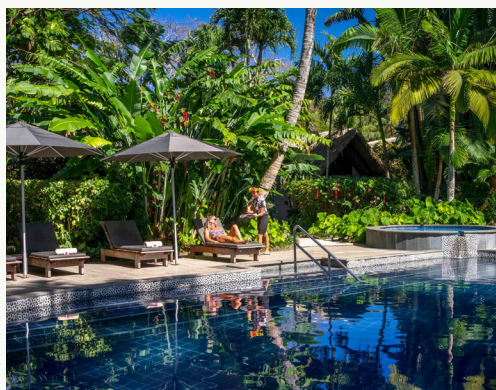
SEA CHANGE VILLAS



TE MANAVA VILLAS



LITTLE POLYNESIAN RESORT



PACIFIC RESORT RAROTONGA



PACIFIC RESORT AITUTAKI



AITUTAKI LAGOON PRIVATE  
ISLAND RESORT

More options available at:  
[WWW.COOKISLANDS.TRAVEL/WHERE-TO-STAY](http://WWW.COOKISLANDS.TRAVEL/WHERE-TO-STAY)



# What to do

A Cook Islands wedding can be your own tropical festival. There's so much for you to do together, from fancy island nights and lagoon cruises, to dancing the night away to string bands in open-air bars with the locals.

Or, if that all sounds like too much hard work, just snuggle up in a hammock slung between two palm trees. Just the two of you...

## SPEND A DAY AT THE BEACH

The Cook Islands is an aquatic dreamland with countless white sandy beaches and crystal blue lagoons that remain untouched. Explore Rarotonga's abundant marine filled with colourful fish and diverse corals.



## EXPLORE RAROTONGA

Get out and about exploring the beauty that Rarotonga has to offer. Freely cruise around by car, scooter, bicycle or even on foot, taking only 32km to circumnavigate and no traffic lights or buildings taller than a coconut tree to spoil the scenery. Our remarkable natural environment is yours to explore.



## PAMPER YOURSELF IN PARADISE

There are a multitude of indulgent massage, skin, body and beauty treatments available for bookings around the island. Many of our spas use locally crafted oils, balms and creams made here in the Cook Islands that can be purchased afterwards to keep a little paradise with you.



## EXPERIENCE AN ISLAND NIGHT

The cherry-topping experience for visitors to the Cook Islands are our spectacular Island Nights. A beautiful and memorable showcase of our culture, you can expect a delicious buffet dinner of traditional food and a dynamic cultural dance, music & drum spectacle. Highly entertaining, emotive and enjoyable for everyone!







## Planning Tips

### Making it legal

You need to apply for your licence in person to the Registrar of Marriages in the Cook Islands at least 3 days prior to the marriage. A waiver fee will apply if you do not meet the 3 day minimum requirement. You will need your passport and birth certificate when filing the Notice of Intended Marriage at the Registrar's Office in Avarua. You must be 21 years of age, or written approval by parents is required. Cook Island marriages are legally binding worldwide.

For further details visit: [justice.gov.ck](http://justice.gov.ck)

### Island Entertainment

Our little paradise is home to the entertainers of the Pacific, displaying the essences of Cook Islands heritage. A Cook Islands cultural dance show or island string band is just what you need to add that extra island flavour to your special day. Here dancing is second nature and what better way for newly-weds to celebrate than swinging to a drumbeat!

### Flowers & Eis

Bouquets, buttonholes, wristbands and everything you need are all here in our natural, unspoilt paradise... Straight from the garden. In the Cook Islands, a flower lei is spelt ei. A beautiful way to have your guests welcomed on arrival to your wedding or reception.

### Wedding Vendors

Whether you're working with a professional wedding planner on the island or planning your own big day. The Cook Islands offers a wide selection of hair, make-up, photographers, and other local services to help you execute your nuptial vision smoothly and beautifully.

Search a range of wedding vendors here: [www.cookislands.travel/how-to-book/wedding](http://www.cookislands.travel/how-to-book/wedding)

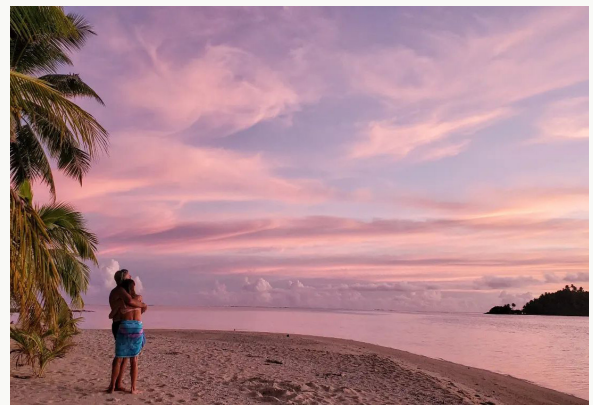


# Honeymoons

Whatever your budget, your dreams or your expectations, a honeymoon on Rarotonga or Aitutaki is everything you could wish for and more. From Polynesian-luxury and secluded, to natural and simple, or something in between, there's a world of amazing places to stay and things to do, that will delight and satisfy you both.

Both Rarotonga and Aitutaki offer adults only accommodation options.

You can look forward to leisurely days simply enjoying each other's company and the jaw dropping surrounds. Swim, snorkel, sunbathe or just soak up the scenic beauty of the turquoise lagoon and dazzling fine white sandy beaches.



## Cook Islands Tourism

Head Office, Rarotonga:

Main road, Avarua

(Between the Banana Court & ANZ Bank)

Opening Hours: Mon-Fri 8am - 4pm,

Sat 10am - 1.30pm

P: +682 29435

E: [headoffice@cookislands.gov.ck](mailto:headoffice@cookislands.gov.ck)



Discover more at

[WWW.COOKISLANDS.TRAVEL/EXPERIENCES/WEDDINGS](http://WWW.COOKISLANDS.TRAVEL/EXPERIENCES/WEDDINGS)