

Water Safety in the Cook Islands

SCAN ME
FOR INFO



The Cook Islands offer stunning lagoons that our visitors are most welcome to relax and explore in. We just ask you to please take care of yourself and your loved ones. Here are some safety tips to help you make a splash (safely).

Safety Tips



Passages marked on the map are drowning hazard areas. Keep away!



Explore with a guide where appropriate, friend or group, never alone.



Keep a close eye on children in and near the water.



Know your limits - don't overdo it.



Do not drink alcohol before enjoying our lagoons.



Wear a lifejacket when kayaking or paddle boarding.

